



Beyond BOW—Leave No Trace Backpacking Trip

May 20-22, 2005

Marlinton, WV

This trip allows participants to practice the Leave No Trace philosophy while having a fun backpacking trip. Kim Beach-Shaffer, Brian Shaffer, and Pam Wyant are the instructors for this trip.

What's going to happen that weekend?

Friday: The group will meet at the old train depot in Marlinton at 6:00 PM; everyone should have eaten dinner before they arrive. The group will car pool over to a cabin, 30 minutes away and do backpacking prep. After a snack, everyone can relax and take a shower and get ready for the next day.

Saturday: After eating breakfast, the group plans on leaving around 8:00 to take the shuttle to the old train depot and head for the Cloverlick Trailhead to backpack 8 miles the first day and overnight on the trail.

Sunday: After waking from a refreshing night under the stars, backpack 8 miles the second day and arrive at the old Train Depot in Marlinton.

The cost is **\$40.00** per person which includes: shuttle fee, snack Friday, Breakfast, lunch, dinner on Saturday, breakfast and lunch Sunday plus several snacks. **Registration deadline is May 6, 2005.**

Equipment that will be provided: tents, cooking gear and misc. gear.
Participants need to provide their own sleeping pad and sleeping bag and backpack.

Name: _____

Address: _____

Email: _____

Phone: _____

Make checks payable to: **Kim Beach-Shaffer** and mail the above information to: WV DNR;
Attn: WV BOW; 1900 Kanawha Blvd., East; Bld. 3, Rm. 842; Charleston, WV 25305.
Questions? Call Elizabeth Gallaher at 304-558-2771 or email elizabethgallaher@wvdnr.gov or
contact Kim Beach-Shaffer at 304-345-7722 or email kim.beach@bdgsc.org.

Registration deadline is May 6, 2005.